



ADST

As 2017 begins, we are resuming the ADST monthly newsletter with an updated, streamlined format. The ADST “family” is now just over 400 strong. If you are receiving this newsletter it is because you are part of it.

We deeply value you and your ongoing support. In addition to our weekly *New Posts from ADST's Oral History Program*, we want to keep you informed about our work, new developments and to encourage your feedback and questions.

Message from ADST President Susan R. Johnson



Greeting ADST family! I am delighted to have joined the ADST “Cottage Team” last November. I am a recently retired career member of the Senior Foreign Service and a second generation FSO.

Stu Kennedy's initiative in 1986 to launch a Foreign Affairs Oral History program ensured that we have a record of the life, work and contributions of well over 2000 men and women who have served in the United States Foreign Service. The thousands of diplomatic oral histories ADST has already captured are a “hidden gem” to be not only preserved, but expanded and made more accessible as an invaluable repository of historical primary source material for research and for public education and information about American diplomacy. ADST and its flagship oral history and publications programs have already made a notable contribution to the understanding and appreciation of American diplomacy.

ADST has enormous potential as a key depository and center for diplomatic “lessons learned” and wide ranging diplomatic experience. Working together we can realize this potential, develop our “brand” and assure ADST's ongoing sustainability.

How You Can Help:

We need your help to continue to grow our “collection” of Foreign Service diplomatic oral histories and to develop the capacity to curate and “mine” it. You can help support the ADST Oral History project by:

- Donating what you can
- Serving as ADST “ambassadors” and recruiting new members from among your colleagues in the foreign affairs/academic community who support our Oral History project
- Volunteering to help: (a) writing Tables of Content for completed oral histories; (b) develop a catalog of the contents of our Oral History collection and in identifying holes in the collection; (the work can be done at home, electronically.)
- Referring oral history interview prospects to us to help ensure diversity.

USAID Oral History Grant



In September 2016, ADST signed a cooperative agreement with USAID to conduct at least 50 oral history interviews with retired agency personnel. These personnel, which for the first time will include Foreign Service National/Locally Employed Staff, will provide "lessons learned" for use by USAID in training, as a reference for policymakers. In particular, we will be interviewing those who have served in Apartheid South Africa, Sudan and Southern Sudan, Iraq, Afghanistan, and other conflict or post-conflict areas.

For ADST, this agreement marks another step toward our goal of presenting the diverse and unique voices of all those who have been involved in promoting America's foreign relations.



ADST Interns

ADST welcomed students from throughout the U.S. as part of its Spring 2017 internship group. Among them are: Bill Stewart of the University of Mississippi, Danny Li of Dartmouth, Joshua Barnes from the University of North Carolina at Chapel Hill, Bridget Flynn Kastner of Davidson, Caroline Thompson of Furman and, in March, Emmaly Read of the University of California at Santa Barbara.

They are all analyzing oral histories to create the *Moments in U.S. Diplomatic History*. In addition, Danny is helping draft a book commemorating the 70th anniversary of the founding of FSI and Bridget is assisting in the generation of oral history podcasts.



About Susan R. Johnson

I believe in the value of diplomacy. I belong to the school of "once an FSO, always an FSO". I value every word in our Commissions. I may be known to many of you as a former President of AFSA (2009-13). My assignments include Bosnia as Deputy High Representative with the Office of the High Representative, Iraq in the Coalition Provisional Authority in Baghdad; Romania and Mauritius as DCM and Chargeas well as assignments in Russia, Cuba, Pakistan, the US Mission to the United Nations and in the Department, on the Hill and with the National Endowment for Democracy.



Stress and Trauma in the Foreign Affairs Community: A New Tool to Help Build Resilience

Please join us for a panel to celebrate the launch of the **Resilience Hub for Frontline Civilians**, an anonymous online resource center for training, self-assessments, and activities on building resilience. After a keynote address by Ambassador (Ret.) Charles Ries, the following panel will discuss recent advances and areas for improvement in stress management:



**Ambassador (Ret.)
Charles Ries**
Keynote Speaker



Beth Payne
Director of the Center
of Excellence in Foreign
Affairs Resilience,
Foreign Service Institute



Rachel Karioki
Regional Team Leader,
Office of Transition
Initiatives, USAID



**Andrés Martínez-
García**
Program Director for
International Programs,
IPSI

40%

of Foreign Service
personnel serving in
danger zones suffer from
PTSD symptoms

70% - 80%

of Foreign Service
personnel serving in
danger zones suffer from
emotional responses
tied to stress

Monday, February 6, 2017, 3:00pm to 4:30pm
American Foreign Service Association (AFSA)
2101 E Street NW, Washington, DC 20037

Please email programs@uccoxfoundation.org with any questions.

[Click here to register!](#)



Association for Diplomatic Studies & Training- ADST
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ADST helps strengthen and protect the U.S. by supporting training of American diplomats and advances understanding of foreign relations through oral histories, publications, and exhibits.

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